

**GOMSF CHURCH MUSIC FEDERATION MINISTRY**  
**Team Leadership Bios**  
**August 10, 2019**

**Christopher Hondros, Team Leader**  
**Church Music Development Team**

Christopher Hondros is from Castro Valley, CA (by way of: Phoenix, Eugene, Seattle, Las Vegas, Boise, Riverside and San Diego) where he is active in improving the local church music ministry at Resurrection GOC through means of his voice, as well as leading a Youth Choir. Christopher has been involved in youth music and education around multiple parishes within the Metropolis. He sees the Metropolis Church Music Ministry as a key ingredient to supporting all musical needs for the parish. An instrumentalist turned vocalist, Christopher has used his knowledge of both Western Music Theory and Byzantine Music Theory to help others, whether it is more efficient breathing techniques for students in the marching band, or learning to match pitches and sing together with the youth choir. He enjoys transcribing staff-notated pieces to Byzantine-neumes and vice-versa. Christopher and his wife Darlene, live in Castro Valley, where he is a Chemistry teacher at Berkeley High School, working in their Arts and Humanities Academy.

**Sarah Gyurkovitz, Team Leader**  
**Ways and Means Team**

Sarah Gyurkovitz is the choir director of Sts. Constantine and Helen, Cardiff, CA. She has been a singer and musician since she was a small child. Her great passion for teaching and helping others expand their musical horizons and musicianship. After becoming Orthodox nearly six years ago, she discovered a love of Byzantine music, studying chant with Dr. Alexander Khalil. Sarah has performed in a wide variety of musical groups in and out of Orthodox circles (including performances at Disney Hall) and has been very involved with fundraising for several local children's choruses as well as serving on the board of directors for the Saint John of Damascus Society. She looks forward to a more active role with the Music Federation in the years to come. She lives in Camarillo with her husband and seven children.

**Athena Anastos, Co-Team Leader**  
**Events Team**

Athena Anastos, choir director of Assumption GOC in Scottsdale, Az. since 2007, is a native of Burlington, Vermont where her love of singing in choir began at an early age. While living in Vermont, Athena taught Sunday School and was Philoptochos Chapter President for 4 years. In 2001, Athena, along with her husband Nick and two boys Tom and Chris, moved to Scottsdale, Arizona and began singing in the Assumption choir. In 2005, Athena attended her first ever Church Music Federation conference and truly enjoyed singing her first-ever hierarchal liturgy. Since then, she has been productively involved with the

organization and has served the Federation as secretary and vice-president, and has been pivotal in organizing and overseeing numerous events such as conferences, CMI, and business meetings, and is extraordinarily qualified to co-lead the Events Team with Liz Levy. Athena is a recipient of the Patriarch Athenagoras Medal for Distinguished Service to our Federation.

**Liz Levy, Co-Team Leader  
Events Team**

Liz Levy needs almost no introduction, having been actively involved with the Federation for over 20 years, serving as its secretary, vice-president, and for the last six years, as President. She grew up singing in the choir with her beloved sisters, Kathy and Carol. Currently serving as the Administrative Assistant at Resurrection Castro Valley, Liz knows the ins and outs of conference and event planning, having, like Athena, prepared for numerous conferences, CMIs, and Federation meetings, not to mention almost single handedly planning and preparing for her church Greek festival. Also a recipient of the Patriarch Athenagoras Medal, Liz is deeply acquainted with the background and heritage of the ministry. She lives with her husband Mark, in Livermore, CA.

**Vasiliki (Kiki) Kyriakis, Team Leader  
Communication/Outreach Team**

A recipient of the Patriarch Athenagoras Medal and tonsured reader of the Metropolis of San Francisco, Vasiliki has an extensive background in the music of our faith. She currently chants and sings in her choir at St. Demetrios GOC in Tucson, AZ, where she has recently served as Philopotochos president. Kiki began singing in her junior choir at Sts. Constantine and Helen in Chicago, IL in 1959 and progressed to the senior choir. She began singing in the St. Demetrios choir in 1967, and became the assistant director in 1972. A sojourn from 1978 to 1991 found her serving as assistant director in the St. Stefanos choir in St. Petersburg, FL, where she was also her choir's representative to the Southeastern Choir Federation. Returning to Tucson in 1991, she resumed her role as assistant choir director and became her choir's Federation representative. In 2002 she took another leave from Tucson to sing in the St. Nicholas, San Jose choir, returning to her role at St. Demetrios in 2004 where she has remained and has served the Federation as the Southwest Regional Administrator.

**Margarita Jakovas, Team Leader  
Records and Archives Team**

Margarita learned to read music at age 3 and has sung in choirs her entire life. She joined the Resurrection Greek Orthodox Choir in Sacramento at age 18 under the direction of Kathy Trapp, of blessed memory, who was also her YAL advisor. She began majoring in music and psychology at the college level, but turned her attention to the legal profession. She earned an ABA Approved Paralegal Certificate in 1989 and a B.S. in Business Administration, Human Resources emphasis from Cal State Hayward in 1997. Having worked as a paralegal and legal assistant for almost 30 years, Meg brings outstanding

organization and protocol skills to the Church Music Federation Ministry. As a problem solver, she has a keen ability to find possibilities and options that others overlook. Her love of the ministry and her reverence for the beauty and richness that hymnology adds to our lives, has kept her involved as a Regional Administrator since 2005. She shares her love of travel with her husband Dino. She received the Patriarch Athenagoras Medal in 2016.